



Hui-O-Judo Beltsville

February 2008 Newsletter

Upcoming Events

February

2	Shufu Open Championships	College Park, MD
9	Waka Mu Sha Invitational	Atlanta, GA
16	Virginia Sate Open Championships	Arlington, VA
16	Pedro's Challenge	Wakefield Mass

March

9	New York Men's Open	New York, NY
15	Ken Tamai Memorial Judo Championships	Beltsville, MD
28-30	High School and Colligate Nationals	Wisconsin

PLEASE PAY YOUR DUES! Please stop at the front desk and pay your dues. Please show your receipt to one of the Sensei's. We ask that each family keep up on your payments. Our judo club is offered at a VERY SMALL monthly fee. Also please remember to scan your membership card at the front desk when you enter and leave the facility each night. Thank you for your assistance in this matter.

Hui-O welcomes a new class of beginners – We would like to welcome all of the new students who have started the beginners judo class. "An introduction to judo" is an eight week beginner course designed to teach you the basics of judo. You will learn basic fundamentals of judo, learn some holds and grappling techniques, learn a few throws and standing techniques, learn lots of Japanese names for things and hopefully have some fun while you are learning. We hope that you will enjoy the study of judo and consider joining the judo club when you have completed your class.

Katame No Kata Clinic – Sensei Diane and Sensei Karen went up to Lancaster Pennsylvania to teach a Katame No Kata clinic. The clinic had about 10 participants. The "Katame-no-Kata" was established during 1884 and 1885, in succession to the "Nage-no-Kata". They consist of five representative techniques each from the Osaekomi-waza, Shime-waza and Kansetsu-waza, the aim being the mastery of the theoretical basis for executing and evading each technique. In 1882, Master Jigoro Kano founded Kodokan Judo, establishing the Randori method based on Nage waza and Katame waza. Since then, theoretical research has lead to the establishment of numerous new techniques. Together, the Nage-no-Kata and the "Katame-no-Kata" from the "Randori-no-Kata," the practice of which helps in the understanding and mastery of the theory behind Randori techniques.

Referee Clinic – Hui-O hosted a referee clinic on Saturday, January 26 at the Beltsville Academic Center. It is always a very good clinic to attend. Sensei Joon Chi was the head clinician, supported by Mr. Roy Englert. They covered all aspects of refereeing including some possible changes to rule and to the sport of judo that may be coming. Thank you to Sensei Mark, Sensei Bradley and Robert for assisting with the setup and operation of the event. I encourage ALL JUDOKA and parents to attend clinics like this. They are very informative and help to understand judo better.

Liberty Bell Development Tournament – Sensei Mark traveled with a team of judoka up to Philadelphia to represent our club in the Liberty Bell Developmental Tournament. Chris Howell went to referee and provided team support. Edward Peterson took first place in his division, Ben Soto Reiner placed third in THREE divisions, Luke placed second in his division. As senseis we were very proud of the attitude of all of the competitors. They showed good character and sportsmanship. We would also like to thank the support staff of Mr. and Mrs. Peterson and Persilla Riener for going along to help cheer on the team.

Shufu Open The Shufu Yudanshakai Open Tournament will be held in College Park on Saturday, February 2. It is the first local tournament of the year. We encourage all judoka to please try to attend. Entry forms are available on the website or on the information table at class. Please see Sensei Kevin or Sensei Mark if you plan to compete.

Virginia State Championships – All judoka are eligible to compete at the Virginia State Championships. They will be held in Arlington Virginia on February 16th. We encourage all judoka to participate in the local events. Entry forms are available on the website or on the information table at class

Beltsville Spring Judo Championships– Hui-O will host the Beltsville Spring Judo Championships on Saturday, March 26th at the Beltsville Academic Center. The tournament is held in honor of our founder and head sensei, Ken Tamai. All judoka are encouraged to participate. We need EVERYONE's assistance with the tournament. The tournament setup is Friday night from 7-9pm. We have to move all of mats up from the dojo to the school and return them on Saturday night. Saturday we need help with registration beginning at 815am!! We also need help with the referee food area, concession stand, mat tables, raffle ticket sales, t-shirt sales and general tournament operations. Please enlist the assistance of your family. We look forward to seeing you at the tournament.

Colder weather: With the colder weather now here, please bring a jacket to class to wear home. Getting hot and sweaty in class then going outside in the cooler weather will bring on a cold. We want everyone in the club to be healthy and happy. If you are sick, please do not come to class, since we do not want to get the rest of the class sick too.

Winter Weather policy The Community Center does NOT necessarily follow policy. Please use common sense in the winter months. If government and schools are closed, there is a good chance that the Community Center may also be closing. If you are uncertain, call the Center at 301-937-6613. If you are uncomfortable driving in winter conditions, especially if the roads are icy, we do not want anyone to take an unnecessary risk coming to practice. Please do not come to class if the weather is challenging for you. The general rule for the center is as follows:

PG government is closed - Community Center is closed

PG Schools are closed - Community Center is OPEN

Delayed PG schools opening - Community Center is OPEN

Early dismissal at PG Schools - Community Center is OPEN

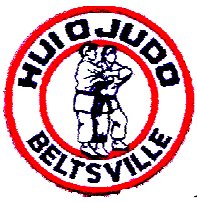
Please listen to radio and television stations concerning the status of schools and government. You can ALWAYS call the community center at 301-937-6613

Beltsville Community Center 301-937-6613

Sensei Kevin Tamai 703-497-1530(home) 703-622-6861(cell) Email – kevin@huiojudo.com

Sensei Mark Smith 301-674-5438 email – mark@huiojudo.com

Visit our website at <http://www.huiojudo.com/>



Hui-O-Judo Beltsville

Judo items available for order from Pacillo

Judo Gi's	Unbleached	Bleached	Blue
Size 000 – 1	\$25	\$35	\$45
Size 2 – 5	\$35	\$40	\$55
Size 6- 8	\$40	\$45	\$60

Pants		
00 – 1	\$16	\$20
2 – 5	\$20	\$25
6 – 8	\$23	\$30

Judo DVD's

29 Ne Waza Techniques of Kodokan Judo	\$40
101 Judo Ippons 1999 to 2002	\$30
Early American Judo	\$30
First 100 Years fo Judo	\$30
Japanese Judo	\$30
Jeon: Korean Judo Master	\$45
Judo: Hayward Nishioka Part 1	\$30
Judo: Hayward Nishioka Part 2	\$30
Judo: Hayward Nishioka Part 3	\$30
The Gokyu	\$45
Koga : New Wind	\$45
Kodokan Judo with Mifune	\$30
Moscow grand Prix 2001	\$36
World Championships 2003(part 1 and 2)	\$90
Xtreme Judo	\$30

Judo Accessories

Judo Duffle Bag (white or blue)	\$16.00
Mini Judo Jacket (white or Blue)	\$6.00
Judo Belt key chain (specify color)	\$3.00
Kano Plaque	\$30.00
Judo Flip Pin	\$2.00
Japan Flag Pin	\$2.00
Kodokan Judo Patch	\$3.00

Judo Books

Ippon Masterclass Technical Series	
Armlocks (Adams)	\$22
Ashiwaza (Sato)	\$22
Ashiwaza II (Swain)	\$22

Grips (Adams Ferrie)	\$22
Harai Goshi	\$22
Oasekomi (Kashiwaza)	\$22
Osoto gari (Yamshaita)	\$22
Pickups (Van De Walle)	\$22
Russian Judo(Latskivich)	\$22
Seoi nage (Nakanishi)	\$22
Shime Waza(Kashiwazaki)	\$22
Tai Otoshi (Adams)	\$22
Tomoe Nage (Kashiwazaki)	\$22
Uchimata (Sugai)	\$22

Ippons special interest series

Attacking Judo(kashiwazaki)	\$26
A-Z of Judo (Hoare)	\$26
Decisive Judo (Marwood)	\$27
Fishting Spirit of Judo (Yamashita)	\$26

Best of Judo	\$26
The Canon of Judo	\$35
Complete Seven Katas of judo(Kawaish)	\$15
Father of Judo (Watson)	\$28
First action Skills: judo for Kids	\$8
Foot Throws (Nishioka)	\$10
Get to Grips with Judo (Holme)	\$ 9
Ju No Kata	\$22
Judo Strategy	\$22
Judo Basic: Principles, Rules and Ranks	\$35
Gene LaBell's Handbook of Judo	\$13
Judo Formal Techniques	\$25
Judo from a Russian Perspective	\$27
Judo Heart and Soul	\$15
Judo Techniques and tactics (Pedro)	\$17
Judo Textbook in practical application	\$17
Judo through the looking glass	\$22
Judo Training methods	\$25
Judo: Sport and Way of Life	\$15
Judo skills of the game(Inman)	\$18

Kodokan Judo

Mastering Judo	\$25
Modern Judo	\$25
Putin's Judo	\$22
Secrets of Judo	\$15
Sport of Judo	\$13
Sports Science of Elite Judo Athletes	\$22
Techniques fo Judo	\$17
Textbook for Judo (Ogasawara)	\$30
Judo for Juniors	\$24