



# *Hui-O-Judo Beltsville*

## Monthly Newsletter for November 2009

### Upcoming events:

|              |  |                 |
|--------------|--|-----------------|
| November 1   | Kendo Demonstration at Budokan judo                    | Dunkirk, MD     |
| November 2   | New session of Judo Class starts (9 weeks- end Dec 31) | Beltsville, MD  |
| November 2   | Beginners Class starts (8 weeks- end Dec 22)           | Beltsville, MD  |
| November 7   | Phildaelphia Cup Judo Championships                    | Bryn Athyn, PA  |
| November 14  | Pennsylvania Open State Championships                  | Wexford, PA     |
| November 21  | Shufu Junior Promotional                               | Beltsville, ,MD |
| November 22  | Shufu Senior Promotional                               | Beltsville, MD  |
| November 28  | Norfolk Judo Championships                             | Norfolk, VA     |
| November 26  | No Class – Thanksgiving Day                            | Beltsville, MD  |
| December 5-6 | USJA/USJF Winter Nationals                             | LaVerne , CA    |
| December 22  | Hui-O Holiday Party                                    | Beltsville, MD  |

Flyers on all above events are available at class. For more information – see one of the senseis at class.

### **REMINDER – Please pay theNovember/December class fee. Judo class is barcode # 153456**

**Welcome new beginners –** We would like to welcome the new students who are just starting in the beginners judo program. We hope that you will enjoy the eight-week introductory class. It starts on Tuesday, November 2<sup>nd</sup> then continues each Tuesday until Dec 22<sup>nd</sup>. **The Barcode for Adults beginners class is 147338 and the barcode for Childrens beginners class is 147342.** Please make certain you are registered with the front desk at the center. Judo is a wonderful sport to study and to learn. If you have any questions or concerns, please feel free to see one of the senseis (teachers).

**Ken Tamai Memorial Judo Championships –** The Ken Tamai Memorial Judo Championships was held on October 17th at Beltsville Academic Center. Hui-O hosts this event every spring and fall in memory and honor of our sensei. We attracted over 250 people from Georgia to Rhode Island. I would like to thank everyone who helped to make this event a success. Special thanks to Kurt Tamai and College Park Judo for helping out on Saturday morning to get the mats down and help get things moving. Many of the club members and their families helped with set up of mats, running the scoring tables, running the concession stand, tournament operations, and so much more. Thank you everyone who volunteered their time to help make this event a success for us. We could not have a successful event without all of the tournament volunteers who run the tables, referee, officiate, run concessions and make these event happen so seamlessly. I especially want to thank Sensei Mark, Sensei Bradley, Nancy, Cleveland and Daniel Yee, Robert Kirk, Margie Kettl and Dorothy Tamai for their assistance.

**Maryland State Judo Championships** -On Saturday, October 31st the Maryland Open was held at Ritchie Coliseum at the University of Maryland. The Maryland State Judo Championships is an open tournament for all junior and senior Judoka from all states. This tournament is the qualifier, for Maryland Judo Players, for the USJI Senior Nationals, USJI Junior Olympics and USJI Junior U. S. Open. To be eligible you must be a current member of USJI, USJF or USJA. Sensei Brad and Robert Kirk placed first in Nage No Kata, Sensei Mark and his partner Terrance McPartland placed first in Katame No Kata and Kime No Kata. Ohm Sapa placed third in his division. Michael Dillion did not place after losing his two matches but had a good experience in his first tournament. Mahendra Sapa fought in a 16 man division, he

lost his matches but had a good experience in his first tournament. Galen Jones competed in two divisions, he did not place in the 198 Novice division after losing both matches. Galen placed second in the 220 lb Novice division. Hui-O-Judo Beltsville was presented with the Jita Koeyi Award (Mutual Welfare and Benefit) from Mr Eric Spears, the president of Maryland Judo Inc for our cooperation in making the Maryland Judo Inc events successful. Hui-O-Judo provided the mats for two of the competition areas. We also provided trained lead technical support with Head Administrator (Sensei Kevin), Referees (Sensei Mark and Sensei Brad) and technical officials (Robert Kirk). For our continued commitment to help make judo events successful, Hui-O-Judo Beltsville was honored with this award.

**Club membership** - It is up to each one of you to **PLEASE** pay your bi-monthly membership dues at the front desk. We have kept the rates for the judo club very low since we started the club. However, many judoka on the mat are **NOT** paying the center for the class. MNCPPC has remarked about this on numerous occasions. If you are not paying your membership with MNCPPC, you will be asked to leave the facility.

**Shufu Promotionals** – Hui-O- Judo will be hosting the Shufu Judo Yudanshakai Junior and Senior Promotional Examination and Shiai. The Shufu Junior Promotional will be on Saturday, November 21. The Shufu Senior Promotional will be on Sunday, November 22nd. Check in on both days will be from 8:30 to 9:00 am. We need as much help as we can get on Friday night at 7pm for set up, then all day on Saturday and all day on Sunday until late Sunday evening when we return all of the mats. All hands are needed to help in all areas. A valid membership in USJF, USJI or USJA is required of each participant. Your current card must be shown at registration the morning of the event. All participants must be listed on the “Judoka recommended for promotion” form that is submitted by each club Sensei. Only judoka listed on the form with ALL required documentation will be considered for promotion. Only USJF members will be promoted. USJA and USJI members may request to be examined and have their results, from their participation, forwarded to the appropriate organization for consideration for promotion. The deadline for paperwork was October 21<sup>st</sup>. If you are not able to be there for promotions but feel that you are ready to pass the examination and demonstration portion of the testing procedure, please see one of the sensei to be tested in the club prior to the November 21<sup>st</sup> date. Please note you will still need to be a current registered USJF member, be paid on your club membership and are able to pay the promotion fee.

**Club logo apparel** – **The holidays are coming up fast so buy some Hui-O-Judo apparel.** Take pride in the judo club while helping promote and advertise it. We have a variety of club shirts available. The club logo t-shirts has the traditional club logo just like our patch in Red, White and Blue on a white t-shirt. They are offered in children sizes XS to adult sizes XXXL. The price for club members is just \$10 per shirt. There are also two types of backpacks available for \$15 each. We encourage all club members, family members and club supporters to have and to proudly wear the club logo items. Visit our website <http://www.huiojudo.com/> to see pictures of these items or see Sensei Kevin.

Sensei Kevin Tamai Phone (703)497-1530 or cell(703)622-6861 e-mail – [kevin@huiojudo.com](mailto:kevin@huiojudo.com)  
Sensei Mark Smith Phone – 301-674-5438 email – [mark@huiojudo.com](mailto:mark@huiojudo.com)



Visit our club website at [www.huiojudo.com](http://www.huiojudo.com)





## Hui-O-Judo Beltsville

### Judo items available for order from Pacillo

#### Judo DVD's

|  |      |
|--|------|
| 29 Ne Waza Techniques of Kodokan Judo  | \$40 |
| 101 Judo Ippons 1999 to 2002           | \$30 |
| Early American Judo                    | \$30 |
| First 100 Years fo Judo                | \$30 |
| Japanese Judo                          | \$30 |
| Jeon: Korean Judo Master               | \$45 |
| Judo: Hayward Nishioka Part 1          | \$30 |
| Judo: Hayward Nishioka Part 2          | \$30 |
| Judo: Hayward Nishioka Part 3          | \$30 |
| The Gokyu                              | \$45 |
| Koga : New Wind                        | \$45 |
| Kodokan Judo with Mifune               | \$30 |
| Moscow grand Prix 2001                 | \$36 |
| World Championships 2003(part 1 and 2) | \$90 |
| Xtreme Judo                            | \$30 |

#### Judo Books

|                                       |      |
|---------------------------------------|------|
| Ippon Masterclass Technical Series    |      |
| Armlocks (Adams)                      | \$22 |
| Ashiwaza (Sato)                       | \$22 |
| Ashiwaza II (Swain)                   | \$22 |
| Grips (Adams Ferrie)                  | \$22 |
| Harai Goshi                           | \$22 |
| Oasekomi (Kashiwaza)                  | \$22 |
| Osoto gari (Yamshaita)                | \$22 |
| Pickups (Van De Walle)                | \$22 |
| Russian Judo(Latskivich)              | \$22 |
| Seoi nage (Nakanishi)                 | \$22 |
| Shime Waza(Kashiwazaki)               | \$22 |
| Tai Otoshi (Adams)                    | \$22 |
| Tomoe Nage (Kashiwazaki)              | \$22 |
| Uchimata (Sugai)                      | \$22 |
| Ippons special interest series        |      |
| Attacking Judo(kashiwazaki)           | \$26 |
| A-Z of Judo (Hoare)                   | \$26 |
| Decisive Judo (Marwood)               | \$27 |
| Fighting Spirit of Judo (Yamashita)   | \$26 |
| Best of Judo                          | \$26 |
| The Canon of Judo                     | \$35 |
| Complete Seven Katas of judo(Kawaish) | \$15 |
| Father of Judo (Watson)               | \$28 |

|   |             |
|---|-------------|
| First action Skills: judo for Kids      | \$8         |
| Foot Throws (Nishioka)                  | \$10        |
| Get to Grips with Judo (Holme)          | \$ 9        |
| Ju No Kata                              | \$22        |
| Judo Strategy                           | \$22        |
| Judo Basic: Principles, Rules and Ranks | \$35        |
| Gene LaBell's Handbook of Judo          | \$13        |
| Judo Formal Techniques                  | \$25        |
| Judo from a Russian Perspective         | \$27        |
| Judo Heart and Soul                     | \$15        |
| Judo Techniques and tactics (Pedro)     | \$17        |
| Judo Textbook in practical application  | \$17        |
| Judo through the looking glass          | \$22        |
| Judo Training methods                   | \$25        |
| Judo: Sport and Way of Life             | \$15        |
| Judo skills of the game(Inman)          | \$18        |
| <b>Kodokan Judo</b>                     | <b>\$24</b> |
| Mastering Judo                          | \$25        |
| Modern Judo                             | \$25        |
| Putin's Judo                            | \$22        |
| Secrets of Judo                         | \$15        |
| Sport of Judo                           | \$13        |
| Sports Science of Elite Judo Athletes   | \$22        |
| Techniques fo Judo                      | \$17        |
| Textbook for Judo (Ogasawara)           | \$30        |
| Judo for Juniors                        | \$24        |

#### Judo Accessories

|                                     |         |
|-------------------------------------|---------|
| Judo Duffle Bag (white or blue)     | \$16.00 |
| Mini Judo Jacket (white or Blue)    | \$6.00  |
| Judo Belt key chain (specify color) | \$3.00  |
| Kano Plaque                         | \$30.00 |
| Judo Flip Pin                       | \$2.00  |
| Japan Flag Pin                      | \$2.00  |
| Kodokan Judo Patch                  | \$3.00  |

| <u>Judo Gi's</u> | <u>Unbleached</u> | <u>Bleached</u> | <u>Blue</u> |
|------------------|-------------------|-----------------|-------------|
| Size 000 – 1     | \$25              | \$35            | \$45        |
| Size 2 – 5       | \$35              | \$40            | \$55        |
| Size 6- 8        | \$40              | \$45            | \$60        |

|        |      |      |  |
|--------|------|------|--|
| Pants  |      |      |  |
| 00 – 1 | \$16 | \$20 |  |
| 2 – 5  | \$20 | \$25 |  |
| 6 – 8  | \$23 | \$30 |  |



***Hui-O-Judo Beltsville Holiday Party  
Tuesday, December 22, 2009  
7pm to 9pm  
Multipurpose Room at BCC  
Bring your family!***

***Bring a food item(side dish) to share  
Bring a \$5 or less wrapped item for kids the grab bag  
Take time to look at the scrap books from  
over 30 years of Hui-O-Judo history***

***Sensei Ken Tamai Spirit Award for 2009 was presented to Sensei Fran Vall  
and James Gosnell Inspirational Award was presented to the Wilson Family.  
We will be presenting a few other special awards.***

***Please let us know how many people are coming and what dish you are bringing.  
There is a sign sheet at the dojo or contact one of the senseis.***

***Seasons Greetings to all  
and Happy Holidays to each of you***

If you have any questions, please contact :  
Sensei Kevin Tamai cell phone - 703-622-6861 e-mail – Kevin@huiojudo.com  
Sensei Mark Smith cell phone : 301-674-5438 email – mark@huiojudo.com

Please visit our website at <http://www.huiojudo.com/>